

Typical 1-week Gold Programme

WEEK 1 GOLD	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
0830 - 1300	Tennis coaching (Group)	Tennis coaching (Group)	Half Day Excursion	Tennis coaching (Group)	Tennis coaching (Group)	Full Day Excursion
1315 - 1345	Lunch	Lunch	Lunch	Lunch	Lunch	
1400 - 1530	English lesson	English lesson	English lesson	English lesson	English lesson	Evening activity
1530 - 1600	Break	Break	Break	Break	Break	
1600 - 1730	English lesson	English lesson	English lesson	English lesson	English lesson	SUNDAY
1730 - 1830	Tennis coaching (Individual)		Tennis coaching (Individual)		Tennis coaching (Individual)	Optional Excursion or Activities
1845 - 1915	Dinner	Dinner	Dinner	Dinner	Dinner	
2000 - 2200	Evening activity	Evening activity	Evening activity	Evening activity	Evening activity	Evening activity

Typical 1-week Silver Programme

WEEK 1 SILVER	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
0830 - 1300	Tennis coaching (Group)	Tennis coaching (Group)	Half Day Excursion	Tennis coaching (Group)	Tennis coaching (Group)	Full Day Excursion
1315 - 1345	Lunch	Lunch	Lunch	Lunch	Lunch	
1400 - 1530	English lesson	English lesson	English lesson	English lesson	English lesson	Evening activity
1530 - 1600	Break	Break	Break	Break	Break	
1600 - 1730	English lesson	English lesson	English lesson	English lesson	English lesson	SUNDAY
1730 - 1830						Optional Excursion or Activities
1845 - 1915	Dinner	Dinner	Dinner	Dinner	Dinner	
2000 - 2200	Evening activity	Evening activity	Evening activity	Evening activity	Evening activity	Evening activity

Typical 1-week Bronze Programme

WEEK 2 BRONZE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
0930 - 1100	English lesson	English lesson	English lesson	English lesson	English lesson	Full Day Excursion
1100 - 1130	Break	Break	Break	Break	Break	
1130 - 1300	English lesson	English lesson	English lesson	English lesson	English lesson	Evening activity
1315 - 1345	Lunch	Lunch	Lunch	Lunch	Lunch	
1400 - 1700	Activities	Activities	Half Day Excursion	Activities	Activities	SUNDAY
1730 - 1830	Tennis coaching (Individual)	Tennis coaching (Individual)		Tennis coaching (Individual)		Optional Excursion or Activities
1845 - 1915	Dinner	Dinner	Dinner	Dinner	Dinner	
2000 - 2200	Evening activity	Evening activity	Evening activity	Evening activity	Evening activity	Evening activity