

## SAMPLE PROGRAMME

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
09.00-10.30	<b>Welcome &amp; Testing</b>	English lessons	English lessons	English lessons	English lessons	<b>Full day excursion To London</b> including walking tour of famous sights such as Buckingham Palace (Tour A)	<b>Optional Excursion</b> Or Day with homestay or with Group Leader
10.30-11.00	Break	Break	Break	Break	Break		
11.00-12.30	<b>Induction lessons</b>	English lessons	English lessons	English lessons	English lessons		
12.30-13.30	Lunch	Lunch	Lunch	Lunch	Lunch		
Afternoon Activities	<b>Orientation Walking Tour &amp; Eastbourne Quiz</b>	<b>Outdoor sports or Project Work</b>	<b>Half day excursion to Hastings*</b>	<b>Guided preparation for Fashion Show</b>	<b>Swimming or Indoor Sports</b>		
Evening Activities	Evening with homestay or with Group Leader	<b>Welcome party &amp; Disco</b>	Evening with homestay or with Group Leader	<b>Cinema</b>	Evening with homestay	Evening with homestay or with Group Leader	Evening with homestay or with Group Leader
* including an entrances to Hastings Sealife Centre				<b>Other possible excursions:</b> London(Tours B,C,D); Portsmouth, Oxford			

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
09.00-10.30	<b>Welcome &amp; Testing</b>	English lessons	English lessons	English lessons	English lessons	<b>Full day excursion To Brighton+</b> including walking tour of the Lanes, the outside of the Royal Pavilion, & the Pier	<b>Optional Excursion</b> Or Day with homestay or with Group Leader
10.30-11.00	Break	Break	Break	Break	Break		
11.00-12.30	<b>Induction lessons</b>	English lessons	English lessons	English lessons	English lessons		
12.30-13.30	Lunch	Lunch	Lunch	Lunch	Lunch		
Afternoon Activities	<b>Photo Quiz or Indoor Sports</b>	<b>Outdoor sports or Project Work</b>	<b>Half day excursion to Hever Castle*</b>	<b>Guided preparation for Talent Show</b>	<b>Mad Olympics or Swimming</b>		
Evening Activities	Evening with homestay or with Group Leader	<b>Tropical Disco</b>	Evening with homestay or with Group Leader	<b>The Twin's Got Talent Show</b>	Evening with homestay	Evening with homestay or with Group Leader	Evening with homestay or with Group Leader
* including an entrance to Hever Castle			+Optional entrance to Royal Pavilion		<b>Optional excursions :</b> Cambridge, Arundel, Coastal Tour, Windsor, Thorpe Park		

This programme is an example and subject to change